


East Haddam Senior Center APRIL 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1. 8:15 Pilates 9:00 Casino 9:00 AARP Taxes 10:00 Coloring 1:00 Cornhole/ Wii	2. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	3. CLOSED!!
6. 8:15 Pilates 12:00 B.P. Clinic	7. 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	8. 8:15 Pilates 10:00 Coloring 12:30 AARP Driver Safety Course	9. 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help 1:00 Arts & Crafts	10. 8:15 Pilates 8:30 Cora 1:00 Game Day
13. 8:15 Pilates 1:00 Club Mtg. / Chatham Health Prst.	14. 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	15. 8:15 Pilates 10:00 Coloring TBD RedHats 1:00 Cornhole/ Wii	16. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Bingo	17. 8:15 Pilates 1:00 Game Day
20. 8:15 Pilates 1:00 Movie	21. 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	22. 8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch 1:00 Cornhole/ Wii	23. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Bingo W/ Liz. R. Kids	24. 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
27. 8:15 Pilates 1:00 Jam Session	28. 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Norwich 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	29. 8:15 Pilates 10:00 Coloring 1:00 Cornhole/ Wii	30. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Volunteer Recept.	May 1 8:15 Pilates 1:00 Game Day 6:00 Wine Tasting 